

ARE YOU UP TO THE CHALLENGE? WHY NOT TRI BOTH RACES?

TIME:

- 09:00** ■ **Copytrends Design** On-Road Triathlon
- 11:00** ■ **Deakin Health Spa** Off-Road Triathlon
- 12:00** ■ **The Runners Shop/Brooks** Post-Race Recovery Lunch

DISTANCE:

- Copytrends Design On-Road Triathlon**
 300m swim/8km cycle/3km run
- Deakin Health Spa Off-Road Triathlon**
 300m swim/6km mountain bike ride/2km off-road run

TEAM CATEGORIES:

- Government Agencies ■ Law Firms
- Community (Not-For-Profit) Organisations
- Emergency Services & Military ■ Education
- Hospitality ■ Trades ■ Health/Medical
- Retail ■ Business Houses ■ Non-Corporate Groups

RESULTS:

Results for all teams and individuals will be published on www.triathlonact.com.au within one week of the race.

COST:

Team: single race **\$75** both races **\$135**
Individual: single race **\$50** both races **\$80**

COST INCLUDES:

- Race Kit includes t-shirt and stacks of other goodies
- Public liability insurance (through Triathlon Australia)
- The Runners Shop/Brooks Post-Race Recovery Lunch

PHOTOS:

A roaming photographer will be at the race site. Images will be uploaded to the Gallery section of the Triathlon ACT Website. Feel free to approach the photographer on the day for a team shot.



ACTIVATE YOUR WORK MATES

WIN: EVERY ENTRY HAS THE OPPORTUNITY TO WIN 1 NIGHT'S ACCOMMODATION FOR 2 AT CYPRESS LAKES RESORT, HUNTER VALLEY, COURTESY FLIGHT CENTRE DICKSON.

DECLARATION

AFTER READING, PLEASE SIGN THE ENTRY FORM.

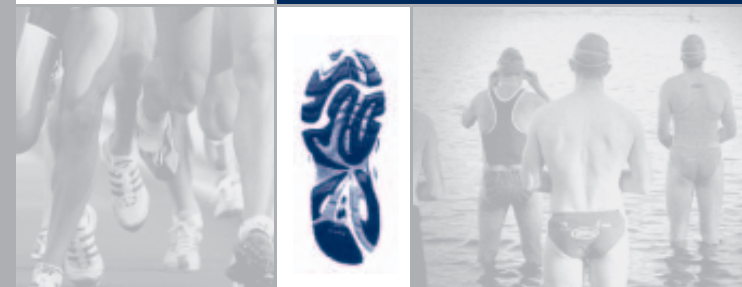
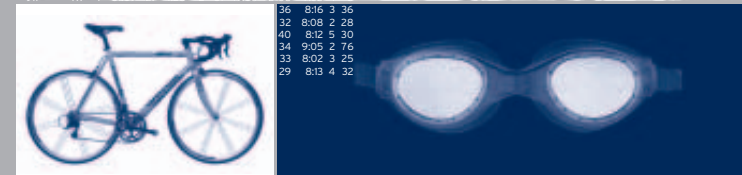
- In consideration of the acceptance of my entry I do hereby for myself, my heirs, executors, administrators and assignees release and forever discharge the Association, organisers, their servants, agents or sub-contractors, instrumentalities, cities, states our councils where this event is held, all sponsors, their agents, representatives and successors and all persons involved with the conduct of this event from all liabilities, claims, damages, costs or expenses, demands or actions whatsoever in any manner arising or resulting from my participation in this event.
- I attest and verify that I am fully aware of the risks involved in participating in endurance events and hereby undertake that should I have any physical or mental condition which has the potential to put myself or any other person at risk, or if I am not sufficiently training to complete such an event, I will not participate in an endurance event conducted by, or on behalf of, the Association.
- I agree to abide by, and accept any decision made under, the articles of association of the Association or any rules adopted by the Association for the conduct of Triathlon of any other activity.
- I hereby acknowledge I have sole responsibility for my personal possessions and equipment during the event and its related activities. I also consent to receive medical treatment that may be deemed advisable in the event of injury, accident and/or illness during the event. I agree to read any written race briefing provided to me by the Race Organisers as a condition of my race entry being accepted. I hereby consent to the publication or use in any form whatsoever of my name, image, statements or otherwise in any context pertaining to the event or otherwise, before, during or after the event whether for advertising, promotion, or otherwise.

PAYMENT DETAILS

- Cheques and money orders should be made payable to Triathlon ACT. Entries paid by credit card only may be faxed.
- All prices include GST.
- No refunds once entry has been received.
- Confirmation will be issued by email only if email address is provided.



TRIATHLON ACT
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CORPORATE TRIATHLON CHALLENGE ENTRY FORM

434	M2-15	1	27:30	1	3:26	1	72	18:34	1	1	7:30	2	7
18	F12-15	1	28:13	2	3:57	3	11	16:55	1	1	7:21	1	5
425	M2-15	2	28:17	3	4:10	3	21	17:02	2	2	7:25	1	1
607	M35-39	1	28:22	4	4:21	6	30	18:48	1	3	7:18	1	1
460	M20-24	1	28:41	5	3:55	1	8	16:44	1	2	8:02	2	25
645	M40-44	1	28:42	6	4:22	2	32	17:05	1	6	7:15	1	3
608	M35-39	2	28:59	7	3:41	2	6	17:42	4	15	7:35	3	10
432	M2-15	3	29:02	8	3:59	5	14	17:15	3	7	7:47	4	16
424	M2-15	4	29:12	9	4:13	9	24	17:20	4	8	7:39	3	11
593	M35-39	3	29:21	10	4:13	5	24	17:20	2	8	7:48	5	17
610	M35-39	4	29:30	11	4:05	4	19	18:00	6	20	7:25	2	6
521	TM	1	29:34	12	4:03	1	23	19:10	1	28	7:06	1	2
464	M20-24	2	29:37	13	3:58	2	15	19:10	1	11	7:28	3	39
41	F16-19	1	30:05	14	3:59	3	73	17:23	1	12	7:17	1	14
602	M35-39	5	30:08	15	3:35	1	1	18:16	7	21	8:17	5	38
461	M20-24	3	30:09	16	4:12	2	10	17:43	3	16	7:14	1	15
527	M30-34	1	30:12	17	3:44	4	10	17:23	1	1	8:01	2	28
604	M35-39	6	30:14	18	3:50	8	59	17:27	5	19	7:15	1	13
421	M2-15	5	30:26	19	4:31	7	40	17:23	1	17	7:30	2	22
495	M25-29	1	30:59	20	4:00	1	14	18:43	3	11	8:10	3	36
547	M30-34	2	31:09	21	3:10	2	25	18:23	3	8	8:13	3	32
91	TX	1	38:55	21	3:49	1	1	18:59	2	38	8:35	3	34

36	8:16	3	36
32	8:08	2	28
40	8:12	5	30
24	8:05	2	76
33	8:02	3	25
29	8:13	4	32

INCORPORATING:
 COPYTRENDS DISPLAY ON-ROAD TRIATHLON
 DEAKIN HEALTH SPA OFF-ROAD TRIATHLON
 RUNNERS SHOP/BROOKS POST RACE LUNCH
DATE:
 SUNDAY 8 FEBRUARY 2004



